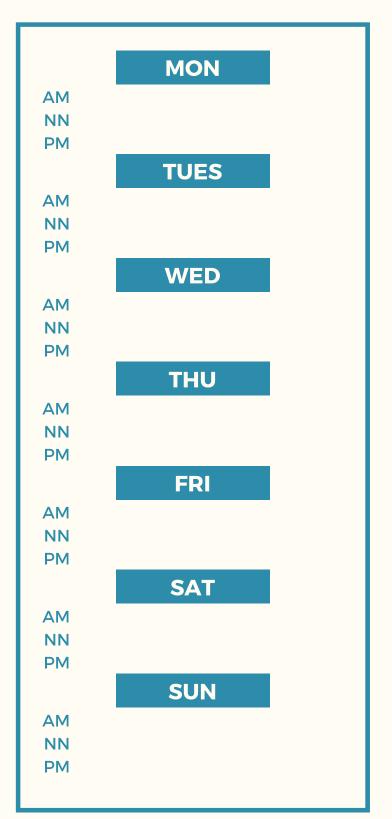
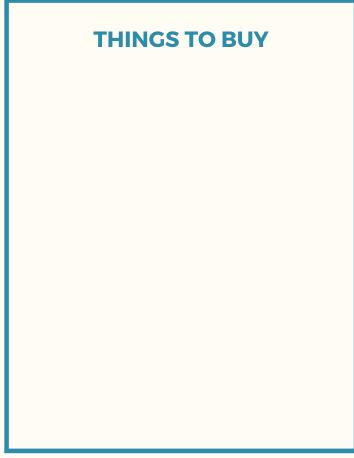
WEEKLY MEAL PLAN

BEACH BODY WITH LAKEN





NOTES: